

# TRAINING FACT SHEET



## DISCOMFORT PAIN AND INJURY (DPI)

### WHY SHOULD YOUR EMPLOYEES RECEIVE THIS TRAINING?

DPI relates to the Prevention and Management of the following musculoskeletal conditions; Gradual process, 'simple' back pain (including neck & shoulder) and sprains and strains.

Numbers and costs of claims for DPI are significant and are increasing on a yearly basis. In 2006 there were 79,420 claims at a cost of \$164,000,000. This does not include the cost to your business such as downtime, employing and retraining temporary or new employees and the interruption to production.

Course participants will have the tools and knowledge to investigate and manage DPI issues in the workplace. All the training is based on ACC's DPI programme and many of the resources are supplied by ACC including a manual and supporting software.

All About People can also advise on any changes to equipment or work practices that are seen to be 'high risk' to reduce the potential for injury.

All participants will receive ongoing follow-up and support to ensure the successful implementation of the knowledge gained into their workplace.

### SUGGESTED CONTENT

Content is customised to our client's specific requirements. Below are some examples:

- 🚧 The nature of and relationship between Discomfort, Pain & Injury
- 🚧 The range and interrelationships of contributing factors (not all work!) which can influence the development of the DPI conditions as well as impact on management/recovery
- 🚧 The range of possible solutions/responses to prevent and manage DPI
- 🚧 Who should be involved?
- 🚧 What issues/factors need to be considered to make it work.
- 🚧 What system/process responses may be required
- 🚧 Review and practice using some of the tools/resources which are available.

### WHO SHOULD ATTEND?

- 🚧 Health and Safety Manager or Advisor
- 🚧 Health and Safety Representatives
- 🚧 Line Managers
- 🚧 Employees whose work involves large amounts of computer based work, repetitive tasks or manual handling.

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